



ADAPTING TO THE 'NEW NORM'

HIGHLIGHT

A program designed to help participants in the transition from the conventional way of working to the 'New Norm' caused by the current pandemic crisis.

OBJECTIVES

- To understand the importance of adaptability during crisis/pandemic
- To understand the advantages of the 'New Norm' work landscape
- To enhance self-management for better productivity
- To inculcate a positive mindset for good mental strength
- To develop action plans for personal milestone

COURSE OUTLINE


Module 1:


- Being Agile – The Key for Change
- The Analysis of Opportunities and Challenges
- Change Management Strategies for the 'New Norm'
- Handling Virtual Conflicts
- Building Better Virtual Communication & Relationships

Module 2:

- Change Starts with You!
- Focusing On "What's Within Your Control?" Develop A Positive Outlook in Time of Crisis
- Importance of Self- Enhancement for Better Productivity
- Changing Thinking Style - Paradigm Shift & Think Outside the Box
- Developing Action Plan

REGISTRATION

 016-3507730/
03-55446340 (Farhanah)

 softskills@sirim.my

FEES

RM250/pax

**excluding 6% SST*

Group Discount:

3-4 pax – 5%

5 pax & above – 10%



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DURATION: 1 DAY

LEARNING FORMAT: 4 HOURS